

who stays around the hotel on my day off. I really make an effort to see and do as much as possible. There are often Morale, Welfare and Recreation trips and special excursions available at great prices.

The travel is nice, but the work really does come first. The 179-day deployment is filled with long hours and stressful situations. Being away from family and friends can be very hard on everyone. The typical work week is at least 50 hours and as many as 80. Overtime is almost always available – I could probably be working right now!

The new environment and adjusting to the climate is also a factor. For example, I will be working in an open warehouse where the heat will easily exceed 100 degrees on a daily basis. The heat is much more humid than what we have in Tracy, Calif., and having lived in San Antonio, I really do know the difference! The heat may not be as extreme as Iraq or Kuwait, but it's not easy.

The challenges and opportunities the EE program offers far outweigh the long hours, inconvenience, and time away from home. I am now able to see the problems of other distribution centers and apply my experience quickly. I have enhanced my resume and will be able to speak volumes in the area of "additional responsibilities." I get the satisfaction of helping out. New friends and places to see are just icing on the cake!

If you think you would like to be Emergency Essential personnel, contact DDC's Lisa Walker by phone at 717-770-8346, or DSN 771-8346, or by email at lisa.walker@dla.mil.

DDC's Vredenburg and Smart selected for Captain

By Stacy L. Umstead, DDC Command Affairs

CDR Kent Vredenburg, SC, USN, and CDR James W. Smart, SC, USN, have been announced for promotion to the rank of Captain.

CAPT (Sel) Vredenburg is currently serving with the Defense Distribution Center's (DDC) Logistics Operations Division as the Deputy Chief, Logistics Policy Division. His previous assignment was as Commander, Defense Distribution Depot Yokosuka, Japan (DDYJ).

CAPT (Sel) Smart served as the Commander of Defense Distribution Depot Jacksonville, Fla. (DDJF), since July 2004. He relinquished command of DDJF July 21 and will report for his next assignment as Commander, Logistics Forces, Naval Forces Command, Bahrain.



CAPT (Sel) Kent Vredenburg, SC, USN



CAPT (Sel) James W. Smart, SC, USN

Former DDBC Commander nominated for appointment to Brigadier General



COL(P) James A. Kessler, USMC, served as the Commander of Defense Distribution Depot Barstow, Calif. (DDBC) from 1999 to 2001.

DDSI's Camuso promoted to Captain



John Camuso, SC, USN, was recently promoted to the rank of Captain. CAPT Camuso has been the Commander of Defense Distribution Depot Sigonella, Italy (DDSI), since 2004. Above, CAPT Camuso (right) is congratulated by CAPT Phil Valenti, Commander of the Fleet Industrial Supply Center.