

## Team-building training comes to Red River

The training consisted of two parts, a personality profile and the actual team-building training. DISC profiling was used to determine employees' personal profiles, while at work, in three different areas: normal, stressful and self. By answering numerous questions, employees learned how they dealt with different situations.

"Employees were a little apprehensive and did not know what to expect," said Carol Wright, of DDRT's administrative support branch. "At the completion of their sessions, they were having a great time."

"Some employees were surprised by their profile while others commented on how the end result matched them perfectly," Wright continued. "I personally was astounded that you could answer a few questions, chart your answers and it comes back with a profile that exactly fits your personality."

The DISC Profiling was provided to all depot employees as a prelude to the actual team-building events.

Team building taught individuals how to be team members. During one exercise designed to improve communication and listening skills, volunteers were given a sheet of paper and told to close their eyes. Each was given the same verbal instructions on how to fold and tear the paper. When the blindfolds were removed all participants had different results.

"It was interesting to see the final sheet of paper and how everyone heard the same instruction but interpreted it in a different way," Wright said.

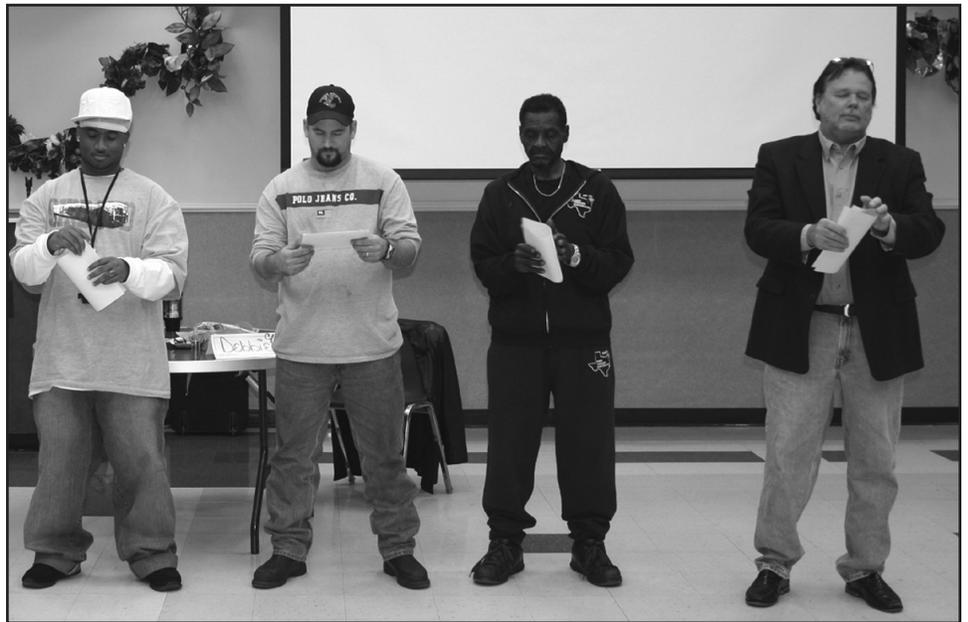
Other interactive sessions were

geared toward building, and working as, team members.

Deployable Distribution Center personnel also went through this training as part of their first exercise in June 2006. DDRT Commander, Army Lt. Col. Betty Yarbrough, was so impressed by the results of the training, that she felt it was

important for the employees to also experience.

"This training was an investment in every member of DDRT in an effort to improve operations through focusing on the growth and development of the most important part of our organization...our people," Yarbrough said.



*With their eyes closed, Red River employees fold pieces of paper following directions from an instructor; top. Below they show the varied results of their efforts. The exercise drove home the point that even when people hear the same instructions, the results are not always the same.*

